

5¼ or 8¼ miles/8.4km or 13.2km

2½ or 4 hours

moderate

Wealth of experience

The sleepy seaside village of Overstrand was made famous by Victorian poet Clement Scott, who captured the beauty of the area in his verse Poppyland. A fashionable resort, it attracted many famous visitors, including Edward VII and Winston Churchill, and soon developed into a millionaires' playground. Despite being a satellite of Cromer, Overland has kept its air of exclusivity, and is a peaceful haven for walkers who like to get off the beaten track.

left opposite Antonia Villa on a track up to the old railway. Keep left, then go up right on a steep, worn path. Keep ahead, do not enter the caravan site. On the left is a viewpoint. Where the track goes right take the left spur path, which bends right then left before heading downhill. Keep to the main route (over a grassy area) then turn left to a gate and lane, then left again onto the B1159.

3 2¼ miles/3.6km Go right. For the short walk, take the signed path right then a road to the cliff café. Otherwise approach the garage. Take the road right, signed 'Private' (there is access for walkers here and waymarking discs). Keep straight ahead, don't go to the farm. Where the track goes left take the path ahead up a ridge and on to a lane, then go right to Northtrepps crossroads.

4 3¼ miles/6km Go left passing the Foundry Arms pub then right on a lane. At the next junction take the signed path left, which then bears left to the road. Zigzag left then right on another track, and at the bushes take the signed spur path left down to the road.

5 5¼ miles/9.2km Turn left then right on the road marked closed (again, there is right of way here). Follow it left to the end gate, go past its end, keeping left over slippage and on the old main road passing the sculptures and new hotel. Turn right to the cliff-top café. Return by the beach at low tide. Check tide times in local papers.

2 1¼ miles/2km Cross to a hedge then go left to the trees and a path in the corner. Follow it to the right in the wood, keeping parallel with the boundary. Eventually it zigzags right then left to the road. Go left then right at the road signed for the caravan site. Turn off

DETAILS

Country Walking ID 2146
Mag Route 19, November 1999
Region East of England
Area Norfolk
Length of walk 5¼ or 8¼ miles/8.4km or 13.2km
Time needed 2½ or 4 hours
Difficulty Moderate

IS THIS WALK FOR YOU?

Terrain Mainly good underfoot, some gradients
Stiles None
Suitable for children, dogs

PLANNING

Parking Coach and car park, Cromer, TG215421
Start grid ref TG215421

Nearest town

Cromer; pubs in Overstrand and Northtrepps, cliff café at Overstrand

Public transport

Trains from Norwich and Sheringham. Buses/coaches, tel Sanders 01692 406020.

MAPS

OS Landranger 133

JACK FRENCH



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