

13.2km/8.25 miles

The Lizard

Enjoy open, undulating countryside round Mullion before following the coast path over the dramatic 'cliffs of hell', scene of many shipwrecks. On Poldhu Point a monument to Marconi marks the historic spot from where, in 1901, he transmitted the first wireless message across the Atlantic.

The walk

1 From car parks turn L and immediately L again after toilets down a path and over stile to cross a field. At lane turn R to pass Newton Farm riding stables and continue along little-used road. At Robins Parc turn R through two gates along bridleway above valley, then turn L through gate to zig-zag into valley following blue arrows. Cross bridge over stream under trees and join small road. After 100m turn L on to footpath along driveway to Lampra Mill.

2 Follow yellow arrows through delightful grounds, passing an unexpected 'kangaroos' sign before staying alongside field on footpath to leave in L corner. Climb to top of hill and stay beside hedge before turning L up stone steps after second stile and following footpath signs to road. Turn L and follow road to take lane opposite church. Turn L on well-concealed path to Gunwalloe alongside second gateway after churchyard and cross field to enter driveway to Sowanna Farm.

3 Follow arrows and public footpath sign to cross high stone stile, and descend valley to stile and boardwalk over wet ground. Cross fields to second boardwalk and

4hrs

steep stone steps. After short climb to track between gorse and hedge and on to a walled, stony track, turn R between stile and gate. Swing L at bottom of the hill and cross fields to gate and overgrown lane to road. Turn R past Halzepron Inn and L down road and track towards Gunwalloe Fishing Cove.

4 Fork L along coastal path and climb gently to Baulk Head, past path to the Cove follow diversion signs beside road and then move R on to heights of 'cliffs of hell'. Round cliff to descend to Dollar and Church coves at the foot of Mullion golf course, with the church and bell tower on the beach. Cross the sands and climb track through the car park before then turning R to return to the coastal path

5 Round Poldhu Cove and climb Tarmac drive towards hotel on Poldhu Point. Turn R to return to coast path and pass Marconie Centre to memorial describing his historic achievement. Turn L through wall to follow path signposted 'Mullion'. Just after white, thatched house turn R into field with plaque behind gate revealing Wesley preached here in 1762. Follow path across field and behind houses before turning L to cross street. Turn R at major road and follow it uphill to car parks.

moderate

DETAILS

Country Walking ID
2833
Mag Route 1, July 2007
Region South West
Area Cornwall
Length of walk
13.2km/8.25 miles
Time needed 4hrs
Difficulty Moderate

IS THIS WALK FOR YOU?

Terrain Tracks and paths through gentle countryside and along coast; short sections of quiet lanes
Stiles 19

PLANNING

Parking Free car parks opposite Old Inn, Mullion, grid ref SW679194
Start grid ref SW679193

Nearest town Helston and tearooms in Mullion and Gunwalloe Fishing Cove; Poldhu snack bar open in the summer
Public toilets Mullion
Public transport Truronian hourly bus service T34 from Helston

MAPS

Ordnance Survey Explorer 103; Landranger 203

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